



State of Arizona
Douglas A. Ducey
Governor

Arizona State Board of Massage Therapy

"Protecting the Public's Health"

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Victoria Bowmann, LMT; Earl Duskey, LMT; John Ortega, Public Member;
Diane Pruetz, Public Member; Kathleen Phillips, Executive Director

Continuing Education

The following CE's are recommended to the board for approval:

Active Isolated Stretching	Myofascial Release
Acupressure	Neuromuscular Therapy
Amma/Anma	Orthobionomy
Aromatherapy	Positional Release
Aston-Patterning	Polarity – if massage or bodywork is in the title
Ashiatzu	Postural Integration
Ayurvedic Bodywork- if massage is in the title	Proprioceptive Neuromuscular Facilitation
Bowen	Raindrop Therapy
Breema Breathwork	Rosen Method
Chi Nei Tsang	Russian Massage
Connective Tissue	Seated Massage
CranioSacral Therapy	Shiatsu
Deep Tissue	Soft Tissue Release
Esalen Massage	Spa Body Treatments
Feldenkrais Method	Sports Massage
Hakomi	Structural Integration
Hellerwork	Swedish Massage
Hot Stone Massage	Thai Massage
Hydrotherapy	Trager Approach
Lomi Lomi	Trigger Point Therapy
Manual Lymphatic Drainage	Tui Na
Movement Therapy	Watsu
Muscle Energy Technique	

The following CE's are not recommended to the board for approval:

Acupuncture	Ayurveda-if 'massage' is not in the title
Acu-Yoga Ai Chi	Balneotherapy
Aikido	Barbara Brennan Healing Science
Alchemical Synergy	Biofeedback
Animal	Biogeometry
Massage Art	Bodytalk Brain Gym
Therapy	Breath Therapy
Attunement	

Cathiodermi Chakra
Christopher Method
Colon Hydrotherapy
Color Therapy
Color Puncture
Complementary / Alternative
Medicine
Continuum
Core Structural Intragrative Therapy
Energy Work
Healing Touch
Postural
Pranic Healing

Qi-Gong
Reflexology
Reiki
Rolfing
Rubenfeld-
Synergy-Method
Therapeutic
Touch
Yoga